
 The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-866-633-2446 or visit welcometouhc.com. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at www.healthcare.gov/sbc-glossary/ or call 1-866-487-2365 to request a copy.

| Important Questions | Answers | Why This Matters: |
|---|---|---|
| What is the overall <u>deductible</u>? | <u>Network</u> : \$2,000 Individual / \$4,000 Family <u>Non-Network</u> : \$4,000 Individual / \$8,000 Family Per calendar year. | Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the policy, the overall family <u>deductible</u> must be met before the <u>plan</u> begins to pay. Deductible is non-embedded. Deductible resets January 1. |
| Are there services covered before you meet your <u>deductible</u>? | Yes. <u>Preventive care</u> is covered before you meet your <u>deductible</u> . | This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at www.healthcare.gov/coverage/preventive-care-benefits/ . |
| Are there other <u>deductibles</u> for specific services? | No. | You don't have to meet <u>deductibles</u> for specific services. |
| What is the <u>out-of-pocket limit</u> for this <u>plan</u>? | <u>Network</u> : \$2,000 Individual / \$4,000 Family <u>Non-Network</u> : \$5,000 Individual / \$10,000 Family Per calendar year. | The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , the overall family <u>out-of-pocket limit</u> must be met. |
| What is not included in the <u>out-of-pocket limit</u>? | <u>Premiums</u> , <u>balance-billing</u> charges, health care this <u>plan</u> doesn't cover and penalties for failure to obtain <u>prenotification</u> for services. | Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> . |
| Will you pay less if you use a <u>network provider</u>? | Yes. See myuhc.com or call 1-866-633-2446 for a list of <u>network providers</u> . | This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's charge</u> and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services. |
| Do you need a <u>referral</u> to see a <u>specialist</u>? | No. | You can see the <u>specialist</u> you choose without a <u>referral</u> . |

 All copayment and coinsurance costs shown in this chart are after your deductible has been met, if a deductible applies.

| Common Medical Event | Services You May Need | What You Will Pay | | Limitations, Exceptions, & Other Important Information |
|---|--|--|--|---|
| | | Network Provider (You will pay the least) | Out-of-Network Provider (You will pay the most) | |
| If you visit a health care <u>provider's</u> office or clinic | Primary care visit to treat an injury or illness | 0% <u>coinsurance</u> | 20% <u>coinsurance</u> | Virtual visits (Telehealth) - 0% <u>coinsurance</u> by a Designated Virtual <u>Network Provider</u> . No virtual coverage out-of- <u>network</u> |
| | <u>Specialist</u> visit | 0% <u>coinsurance</u> | 20% <u>coinsurance</u> | None |
| | <u>Preventive care/screening/immunization</u> | No Charge | 20% <u>coinsurance</u> | You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for. |
| If you have a test | <u>Diagnostic test</u> (x-ray, blood work) | 0% <u>coinsurance</u> | 20% <u>coinsurance</u> | <u>Prenotification</u> is required out-of- <u>network</u> for certain services or benefit reduces to 50% of <u>allowed amount</u> . |
| | Imaging (CT/PET scans, MRIs) | 0% <u>coinsurance</u> | 20% <u>coinsurance</u> | <u>Prenotification</u> is required out-of- <u>network</u> or benefit reduces to 50% of <u>allowed amount</u> . |
| If you need drugs to treat your illness or condition More information about <u>prescription drug coverage</u> is available at www.caremark.com | Tier 1 – Your Lowest Cost Option | Retail: 0% coinsurance Mail-Order: 0% coinsurance | Not covered | Provider means pharmacy for purposes of this section. Retail: Up to a 30-day supply Mail-Order: Up to a 90-day supply You may need to obtain certain drugs, including certain specialty drugs, from a pharmacy designated by us. Certain drugs may have a Pre-Notification requirement or may result in a higher cost. If you use a non-network Pharmacy, you are responsible for any amount over the allowed amount. You may be required to use a lower-cost drug(s) prior to benefits under your policy being available for certain prescribed drugs. Tier 1 Contraceptives covered at No Charge. See the website listed for information on drugs covered by your plan. Not all drugs are covered. |
| | Tier 2 – Your Mid-Range Cost Option | Retail: 0% coinsurance Mail-Order: 0% coinsurance | Not covered | |
| | Tier 3 – Your Mid-Range Cost Option | Retail: 0% coinsurance Mail-Order: 0% coinsurance | Not covered | |
| | Tier 4 – Your Highest Cost Option | Retail: 0% coinsurance Mail-Order: Not covered | Not covered | |
| If you have outpatient surgery | Facility fee (e.g., ambulatory surgery center) | 0% <u>coinsurance</u> | 20% <u>coinsurance</u> | <u>Prenotification</u> is required out-of- <u>network</u> for certain services or benefit reduces to 50% of <u>allowed amount</u> . |

* For more information about limitations and exceptions, see the plan or policy document at welcometouhc.com.

| Common Medical Event | Services You May Need | What You Will Pay | | Limitations, Exceptions, & Other Important Information |
|---|---|---|---|--|
| | | Network Provider (You will pay the least) | Out-of-Network Provider (You will pay the most) | |
| | Physician/surgeon fees | 0% <u>coinsurance</u> | 20% <u>coinsurance</u> | None |
| If you need immediate medical attention | <u>Emergency room care</u> | 0% <u>coinsurance</u> | *0% <u>coinsurance</u> | * <u>Network deductible</u> applies |
| | <u>Emergency medical transportation</u> | 0% <u>coinsurance</u> | *0% <u>coinsurance</u> | * <u>Network deductible</u> applies |
| | <u>Urgent care</u> | 0% <u>coinsurance</u> | 20% <u>coinsurance</u> | None |
| If you have a hospital stay | Facility fee (e.g., hospital room) | 0% <u>coinsurance</u> | 20% <u>coinsurance</u> | <u>Prenotification</u> is required out-of- <u>network</u> or benefit reduces to 50% of <u>allowed amount</u> . |
| | Physician/surgeon fees | 0% <u>coinsurance</u> | 20% <u>coinsurance</u> | None |
| If you need mental health, behavioral health, or substance abuse services | Outpatient services | 0% <u>coinsurance</u> | 20% <u>coinsurance</u> | <u>Network</u> Partial hospitalization/intensive outpatient treatment: 0% <u>coinsurance</u> <u>Prenotification</u> is required out-of- <u>network</u> for certain services or benefit reduces to 50% of <u>allowed amount</u> . |
| | Inpatient services | 0% <u>coinsurance</u> | 20% <u>coinsurance</u> | <u>Prenotification</u> is required out-of- <u>network</u> or benefit reduces to 50% of <u>allowed amount</u> . |
| If you are pregnant | Office visits | No Charge | 20% <u>coinsurance</u> | <u>Cost sharing</u> does not apply for <u>preventive services</u> . Depending on the type of service a <u>copayment</u> , <u>coinsurance</u> or <u>deductible</u> may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound.) |
| | Childbirth/delivery professional services | 0% <u>coinsurance</u> | 20% <u>coinsurance</u> | |
| | Childbirth/delivery facility services | 0% <u>coinsurance</u> | 20% <u>coinsurance</u> | Inpatient <u>prenotification</u> applies out-of- <u>network</u> if stay exceeds 48 hours (C-Section: 96 hours) or benefit reduces to 50% of <u>allowed amount</u> . |
| If you need help recovering or have other special health needs | <u>Home health care</u> | 0% <u>coinsurance</u> | 20% <u>coinsurance</u> | Limited to 60 visits per calendar year. <u>Prenotification</u> is required out-of- <u>network</u> or benefit reduces to 50% of <u>allowed amount</u> . |
| | <u>Rehabilitation services</u> | 0% <u>coinsurance</u> | 20% <u>coinsurance</u> | Any combination of outpatient rehabilitation services is limited to 50 visits per calendar year. <u>Prenotification</u> required out-of- <u>network</u> for certain services or benefit reduces to 50% of <u>allowed amount</u> . |
| | <u>Habilitative services</u> | 0% <u>coinsurance</u> | 20% <u>coinsurance</u> | Services are provided under and limits are combined with <u>Rehabilitation Services</u> above. <u>Prenotification</u> required out- |

* For more information about limitations and exceptions, see the plan or policy document at welcometouhc.com.

| Common Medical Event | Services You May Need | What You Will Pay | | Limitations, Exceptions, & Other Important Information |
|--|----------------------------------|---|---|--|
| | | Network Provider (You will pay the least) | Out-of-Network Provider (You will pay the most) | |
| | | | | of-network for certain services or benefit reduces to 50% of allowed amount. |
| | <u>Skilled nursing care</u> | 0% <u>coinsurance</u> | 20% <u>coinsurance</u> | Skilled Nursing is limited to 300 days per calendar year. Inpatient rehabilitation limited to 120 days. <u>Prenotification</u> is required out-of-network or benefit reduces to 50% of allowed amount. |
| | <u>Durable medical equipment</u> | 0% <u>coinsurance</u> | 20% <u>coinsurance</u> | Covers 1 per type of DME (including repair/replacement) every 3 years. <u>Prenotification</u> is required out-of-network for DME over \$1,000 or no coverage. |
| | <u>Hospice services</u> | 0% <u>coinsurance</u> | 20% <u>coinsurance</u> | <u>Prenotification</u> is required out-of-network before admission for an Inpatient Stay in a hospice facility or benefit reduces to 50% of allowed amount. |
| If your child needs dental or eye care | Children's eye exam | 0% <u>coinsurance</u> | Not Covered | Limited to 1 exam every year. No coverage out-of-network. |
| | Children's glasses | Not Covered | Not Covered | No coverage for Children's glasses. |
| | Children's dental check-up | Not Covered | Not Covered | No coverage for Children's Dental check-up. |

Excluded Services & Other Covered Services:

| Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.) | | |
|--|--|--|
| <ul style="list-style-type: none"> Acupuncture Bariatric surgery Cosmetic surgery Dental care Glasses | <ul style="list-style-type: none"> Hearing aids Infertility treatment Long-term care Non-emergency care when travelling outside - the U.S. | <ul style="list-style-type: none"> Private duty nursing Routine foot care – Except as covered for Diabetes Weight loss programs |
| Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.) | | |
| <ul style="list-style-type: none"> Chiropractic (Manipulative care) – 50 visits per calendar year | <ul style="list-style-type: none"> Routine eye care (adult) - 1 exam per year | |

* For more information about limitations and exceptions, see the plan or policy document at welcometouhc.com.

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information on how to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: the Member Service number listed on the back of your ID card or myuhc.com or the Employee Benefits Security Administration at 1-866-444-3272 or dol.gov/ebsa/healthreform.

Additionally, a consumer assistance program may help you file your appeal. Contact dol.gov/ebsa/healthreform.

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-866-633-2446.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-866-633-2446.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-866-633-2446.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwijigo holne' 1-866-633-2446.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

| Peg is Having a Baby (9 months of in-network pre-natal care and a hospital delivery) | | Managing Joe's type 2 Diabetes (a year of routine in-network care of a well-controlled condition) | | Mia's Simple Fracture (in-network emergency room visit and follow up care) | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|--|-----------------|--|----------------|--|----------------|-------------------|-----|--------------------|-----|--------------------|--|----------------------|------|-----------------------------------|----------------|--|--|--------------|--|--------------------|---------|-------------------|-----|--------------------|-----|--------------------|--|----------------------|------|-----------------------------------|----------------|---|--|--------------|--|--------------------|---------|-------------------|-----|--------------------|-----|--------------------|--|----------------------|-----|-----------------------------------|----------------|
| ■ The <u>plan's</u> overall <u>deductible</u> | \$2,000 | ■ The <u>plan's</u> overall <u>deductible</u> | \$2,000 | ■ The <u>plan's</u> overall <u>deductible</u> | \$2,000 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ■ <u>Specialist</u> <u>coinsurance</u> | 0% | ■ <u>Specialist</u> <u>coinsurance</u> | 0% | ■ <u>Specialist</u> <u>coinsurance</u> | 0% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ■ Hospital (facility) <u>coinsurance</u> | 0% | ■ Hospital (facility) <u>coinsurance</u> | 0% | ■ Hospital (facility) <u>coinsurance</u> | 0% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ■ Other <u>coinsurance</u> | 0% | ■ Other <u>coinsurance</u> | 0% | ■ Other <u>coinsurance</u> | 0% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| <p>This EXAMPLE event includes services like: <u>Specialist</u> office visits (<i>pre-natal care</i>) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services <u>Diagnostic tests</u> (<i>ultrasounds and blood work</i>) <u>Specialist</u> visit (<i>anesthesia</i>)</p> | | <p>This EXAMPLE event includes services like: <u>Primary care physician</u> office visits (<i>including disease education</i>) <u>Diagnostic tests</u> (<i>blood work</i>) Prescription drugs Durable medical equipment (<i>glucose meter</i>)</p> | | <p>This EXAMPLE event includes services like: <u>Emergency room care</u> (<i>including medical supplies</i>) <u>Diagnostic test</u> (<i>x-ray</i>) <u>Durable medical equipment</u> (<i>crutches</i>) <u>Rehabilitation services</u> (<i>physical therapy</i>)</p> | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Total Example Cost | \$12,800 | Total Example Cost | \$7,400 | Total Example Cost | \$1,900 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| <p>In this example, Peg would pay:</p> <table border="1"> <thead> <tr> <th colspan="2">Cost Sharing</th> </tr> </thead> <tbody> <tr> <td><u>Deductibles</u></td> <td>\$2,000</td> </tr> <tr> <td><u>Copayments</u></td> <td>\$0</td> </tr> <tr> <td><u>Coinsurance</u></td> <td>\$0</td> </tr> <tr> <th colspan="2">What isn't covered</th> </tr> <tr> <td>Limits or exclusions</td> <td>\$60</td> </tr> <tr> <td>The total Peg would pay is</td> <td>\$2,060</td> </tr> </tbody> </table> | | Cost Sharing | | <u>Deductibles</u> | \$2,000 | <u>Copayments</u> | \$0 | <u>Coinsurance</u> | \$0 | What isn't covered | | Limits or exclusions | \$60 | The total Peg would pay is | \$2,060 | <p>In this example, Joe would pay:</p> <table border="1"> <thead> <tr> <th colspan="2">Cost Sharing</th> </tr> </thead> <tbody> <tr> <td><u>Deductibles</u></td> <td>\$2,000</td> </tr> <tr> <td><u>Copayments</u></td> <td>\$0</td> </tr> <tr> <td><u>Coinsurance</u></td> <td>\$0</td> </tr> <tr> <th colspan="2">What isn't covered</th> </tr> <tr> <td>Limits or exclusions</td> <td>\$30</td> </tr> <tr> <td>The total Joe would pay is</td> <td>\$2,030</td> </tr> </tbody> </table> | | Cost Sharing | | <u>Deductibles</u> | \$2,000 | <u>Copayments</u> | \$0 | <u>Coinsurance</u> | \$0 | What isn't covered | | Limits or exclusions | \$30 | The total Joe would pay is | \$2,030 | <p>In this example, Mia would pay:</p> <table border="1"> <thead> <tr> <th colspan="2">Cost Sharing</th> </tr> </thead> <tbody> <tr> <td><u>Deductibles</u></td> <td>\$1,900</td> </tr> <tr> <td><u>Copayments</u></td> <td>\$0</td> </tr> <tr> <td><u>Coinsurance</u></td> <td>\$0</td> </tr> <tr> <th colspan="2">What isn't covered</th> </tr> <tr> <td>Limits or exclusions</td> <td>\$0</td> </tr> <tr> <td>The total Mia would pay is</td> <td>\$1,900</td> </tr> </tbody> </table> | | Cost Sharing | | <u>Deductibles</u> | \$1,900 | <u>Copayments</u> | \$0 | <u>Coinsurance</u> | \$0 | What isn't covered | | Limits or exclusions | \$0 | The total Mia would pay is | \$1,900 |
| Cost Sharing | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| <u>Deductibles</u> | \$2,000 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| <u>Copayments</u> | \$0 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| <u>Coinsurance</u> | \$0 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| What isn't covered | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Limits or exclusions | \$60 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| The total Peg would pay is | \$2,060 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Cost Sharing | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| <u>Deductibles</u> | \$2,000 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| <u>Copayments</u> | \$0 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| <u>Coinsurance</u> | \$0 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| What isn't covered | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Limits or exclusions | \$30 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| The total Joe would pay is | \$2,030 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Cost Sharing | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| <u>Deductibles</u> | \$1,900 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| <u>Copayments</u> | \$0 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| <u>Coinsurance</u> | \$0 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| What isn't covered | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Limits or exclusions | \$0 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| The total Mia would pay is | \$1,900 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

The plan would be responsible for the other costs of these EXAMPLE covered services.

We do not treat members differently because of sex, age, race, color, disability or national origin.

If you think you were treated unfairly because of your sex, age, race, color, disability or national origin, you can send a complaint to the Civil Rights Coordinator.

Online: [UHC Civil Rights@uhc.com](mailto:UHC_Civil_Rights@uhc.com)

Mail: Civil Rights Coordinator. UnitedHealthcare Civil Rights Grievance. P.O. Box 30608 Salt Lake City, UTAH 84130

You must send the complaint within 60 days of when you found out about it. A decision will be sent to you within 30 days. If you disagree with the decision, you have 15 days to ask us to look at it again.

If you need help with your complaint, please call the toll-free number listed within this Summary of Benefits and Coverage (SBC) , TTY 711, Monday through Friday, 8 a.m. to 8 p.m.

You can also file a complaint with the U.S. Dept. of Health and Human Services.

Online: <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>

Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.

Phone: Toll-free 1-800-368-1019, 800-537-7697 (TDD)

Mail: U.S. Dept. of Health and Human Services. 200 Independence Avenue, SW Room 509F, HHH Building Washington, D.C. 20201

We provide free services to help you communicate with us. Such as, letters in other languages or large print. Or, you can ask for an interpreter. To ask for help, please call the number contained within this Summary of Benefits and Coverage (SBC) , TTY 711, Monday through Friday, 8 a.m. to 8 p.m.
