

RIGHT DIRECTION

Workplace mental health is more important than ever as people continue to face higher levels of depression, burnout, and stress. By addressing mental health in the workplace, you can help your organization retain top talent, lower health care costs, and score higher in customer experience, employee engagement, performance, and productivity. Take the first step with Right Direction.

Right Direction is a high-impact turnkey initiative for addressing mental health in the workplace. By providing free resources, tools, and expert guidance on recognizing mental health signs, improving access to care, and building a positive and supportive workplace culture, Right Direction helps organizations create a healthier, happier, and more productive workforce.

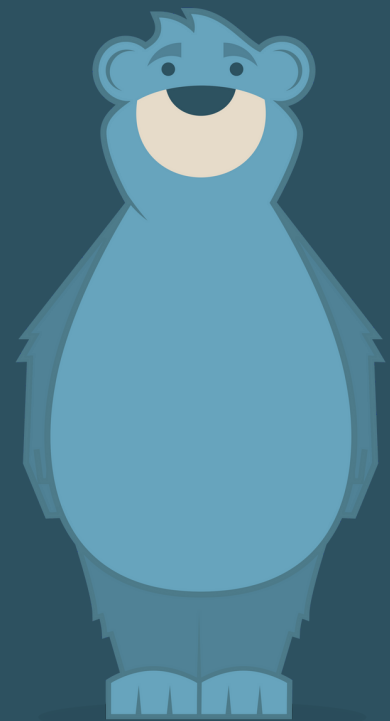
**Now is the time to
address workplace
mental health.**

RIGHT DIRECTION KEY RESOURCES GUIDES AND TOOLS:

- Recognizing mental health signs
- Improving access to care
- Building a business case for mental health

TIPS AND FACT SHEETS:

- Talking about mental health at work
- Preventing burnout
- Combatting Stress at work
- Recognizing mental health signs
- Customizable posters for increasing awareness



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RIGHT DIRECTION KEY RESOURCES GUIDES AND TOOLS:

- Recognizing signs of a potential mental health concern
- Creating a self-care plan
- Improving access to care
- Building the business case for workplace mental health

TIPS AND FACT SHEETS:

- Talking about mental health at work
- Preventing burnout
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