Something new from Hello Heart.

Take your meds on schedule, every day.

Forgetting your meds happens. Taking them every day is one of the easiest steps you can take for heart health. Hello Heart now makes it easy to stay on track. This program is available for free to eligible EPC Schools Health & Benefits Program health plan members.



If you qualify, you get:

- **A smart Pill Box** that works with the Hello Heart app to help you keep track of your meds
- **Answers to questions about your meds** anytime, from your AI assistant, Nia
- **Clinical pharmacists** to help check you're taking the right meds and doses

Scan to see if you are eligible for Hello Heart

or visit **join.helloheart.com** and enter **EPC Schools Health & Benefits Program.**

Eligible members may claim their Pill Box beginning 01/01/2027.

The Hello Heart program is offered at no cost to employees and adult dependents covered by your employer's Anthem or UnitedHealthcare medical plan who have: high blood pressure, high cholesterol, and/or are going or have gone through menopause.

Hello Heart is not a substitute for a licensed medical professional. Talk to your doctor to make sure you are diagnosed and treated properly.

Need help? support@helloheart.com (800) 767-3471 Monday-Friday, 8am-8pm ET