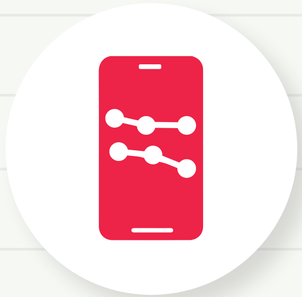
Master your heart health with Hello Heart



1. Tracking tools

Simplify tracking your heart health with **everything in one place** – blood pressure, cholesterol, and more!



2. Digital tutor

Get **personalized tips** that help make it easier to manage your heart health readings.



3. Connect the dots

Understand how your medications and lifestyle changes may impact your readings.



4. Simple report cards

Share **easy-to-understand** progress reports with your doctor.

Employees and adult dependents covered by your employer's Anthem or UnitedHealthcare medical plan who have blood pressure readings of 130/80 mmHg or above or take blood pressure medication are eligible to enroll.

*Message and data rates may apply. Visit https://www.helloheart.com for privacy and terms information.
Hello Heart is not a substitute for medical care. Talk to your doctor to make sure you are diagnosed and treated properly.

Need help? **support@helloheart.com** **(800) 767-3471** Monday-Friday, 8am-8pm EST

To enroll for free, simply scan the QR code